What is Claimed:

- 1. A feeding implement, comprising:
 - a) a handle portion shaped to permit grasping by a user;
 - b) a transport portion connected to said handle portion for dipping into solid food; and
 - c) said transport portion having an outer surface with a plurality of elevations located thereon, said elevations are oriented lengthwise along the longitudinal axis of said transport portion.
- 2. The feeding implement of Claim 1, wherein said plurality of elevations are ridges.
- 3. The feeding implement of Claim 1, further comprising a mouth guard connected in between said transport portion and said handle portion.
- 4. The feeding implement of Claim 3, wherein said mouth guard is elliptical.
- 5. A feeding implement, comprising:
 - a) a handle portion shaped to permit grasping by a user;
 - b) a transport portion connected to said handle portion for dipping into solid food; and
 - c) said transport portion having an outer surface with a plurality of grooves located thereon, said grooves are oriented lengthwise along the longitudinal axis of said transport portion.
- 6. The feeding implement of Claim 5, wherein said grooves are lengthwise flutes.
- 7. The feeding implement of Claim 5, further comprising a mouth guard connected in between said transport portion and said handle portion.
- 8. The feeding implement of Claim 6, wherein said mouth guard is elliptical.
- 9. A feeding implement, comprising:
 - a) a handle portion shaped to permit grasping by a user;
 - b) a transport portion connected to said handle portion for dipping into solid food; and
 - c) said transport portion having an outer surface with a spiral ridge threaded thereon.
- 10. A feeding implement, comprising:
 - a) a handle portion shaped to permit grasping by a user;
 - b) a transport portion connected to said handle portion for dipping into solid food; and
 - c) said transport portion having at least two substantially flat surfaces, each substantially flat surface having a plurality of grooves located thereon.